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Celebrating the Lord's Supper at Home

Some General Thoughts:

- Some Christian traditions have the administration of the Lord's Supper restricted to members of the clergy, but many don't – we don't believe that it is restricted to clergy but you will need to be convinced and comfortable with that.
- Some Christian traditions see the elements of the Lord's Supper (the bread and the wine/juice) as being sacred while others see the celebration as sacred we see the celebration as sacred, that the bread and wine/juice are there to remind us of our Savior Jesus Christ.
- While others can observe a Christian celebration of the Lord's Supper, the consumption of the elements (bread and wine/juice) is limited to those who have put their faith in Jesus Christ as their Savior (His disciples).
- Each disciple is encouraged to examine their life before consumption of the elements (bread and wine/juice) as this is a celebration of Jesus' sacrifice on the cross for us and for our sins – we don't want to be dragging our sins to the celebration of His sacrifice to forgive and free us from those sins.
- We have included some passages from "The Best News Ever" New Testament (Copyright © 2017 by Jan Harthan) to help families share God's Word in an understandable way. Please do not copy these passages without the author's permission. And please get your own copy at https://thebestnewsever.org/.

Preparation:

- You will need some bread, enough for everyone to have some. It can be unleavened bread (more like a cracker) like what Jesus (as a good Jew) would have used in His celebration, but it doesn't have to be.
 - You can **decide** to break the bread into small pieces for each person or to serve it as one piece where each person breaks off a piece different Christian traditions use both methods.
- You will need some wine or juice, enough for everyone to have a small drink. It can be wine or grape juice depending on what you are comfortable with.
 - You can decide to serve the wine/juice in individual cups or in one cup where everyone drinks out of the same cup – different Christian traditions use both methods.
- If you have children, let them help you prepare the elements for the celebration just like Jesus did with His disciples (Matt. 26:19; Mark 14:16; Luke 22:7-8, 13).
- Set a **time** and prepare the **place** you will have your celebration just like Jesus and the disciples did for their celebration (Matt. 26:17-18; Mark 14:12-15; Luke 22:8-12)
 - You decide which time is best for you. When it comes to Easter, most Christian tradition celebrate on Good Friday. But, there are other Christian traditions that celebrate on Thursday in preparation for Good Friday. Whenever you decide, tell your family or those joining with you in advance so they can prepare themselves.

<u>Preparation</u> (continued):

- You can decide the best place to celebrate. We would suggest around a table like Jesus and the disciples did (Matt. 26:20; Mark 14:17-18; Luke 22:14) – it gives you a place to put the elements and brings a little formality to the celebration.
- Clean the area where you will have your celebration. If you have children, include them just like Jesus did with His disciples (see passages above)
- Have each person wash their hands just before coming to the celebration just like Jesus and the disciples did before their celebration. Even if you break the bread apart and serve the wine/juice in individual cups, there is a lot of close interaction with each other.
- The head of the household should be prepared to lead the celebration. That doesn't mean they have to do everything. Some Christian traditions would limit this to a male member of the household (usually the oldest), while others would allow anyone to lead it we believe that any believer, any disciple of Jesus, can lead the celebration.
 - O You can **decide** which Scripture passage to use for your celebration: Matthew 26:26-30; Mark 14:22-26; Luke 22:14-23; 1 Corinthians 11:23-33). Read over it before your celebration.
 - o Look over the "Proposed Order of Celebration" and determine what your celebration will include and who will do it. If you have children or guests, include them as much as possible.

Proposed Order of Celebration:

- Have everyone **assemble** at the time and place you have set for your celebration.
- Have someone **open with prayer** thank God for His love, for His Son and for His blessings (those gathered with you).
- If you choose, practice foot washing. Most Christian traditions do not practice this, but some do –
 Jesus and His disciples did (John 13:3-17). You can do this here, in the order, or after partaking of
 the elements. Here is a suggested way to include foot washing:
 - Preparation: You will need a basin or bowl with warm water, a cloth to wash with (if you don't use your hands), and a towel to dry with.
 - Have each person remove their socks and shoes (the person washing the feet can do this but it will likely save time if everyone does this for themselves).
 - Have someone read John 13:3-17. If you want to use it, here is "The Best News Ever" version for children:

Jesus knew that the Father had given him power to do anything. Jesus knew that he came from God. And Jesus knew that it was almost time for him to go back to God.

So Jesus got up from the table. He took off his coat. And he tied a towel around his waist.

Then Jesus put some water in a big bowl. And he started washing his special helpers' feet. Jesus went one by one. Then he dried their feet with the towel.

Then Jesus was ready to wash Simon Peter's feet. But Peter said, "Lord, are you going to wash my feet?" Jesus said, "Right now, you do not understand what I am doing. But later you will understand." Peter said, "No way! You will never wash my feet!" Jesus said, "Uh-oh. If I do not wash you, then you do not really belong to me." Simon Peter said, "Lord, then do not wash just my feet! Wash my hands and my head too!"

Jesus said, "People who take a bath are clean all over. Maybe they will take a walk. Then they do not need to wash all over. They only need to wash their feet. You, my special helpers, are clean. But one of you is not clean." Jesus already knew who was going to help the bad people grab him. That is why Jesus said, "One of you is not clean."

Proposed Order of Celebration (continued):

Jesus finished washing his special helpers' feet. Then he put on his coat again. And he went back to his place at the table. Jesus said, "I just washed your feet. Do you understand what that means?

You call me 'Teacher.' And you call me 'Lord.' That is good because that is what I am. Now think about it. I am your Lord and your Teacher. And I just washed your feet. So for sure, you should do that for each other. I have given you a good example. Follow my example. Be kind to each other like that. Pay attention to my words. Think about slaves. Slaves are not greater than their master. Think about messengers. The boss sends a messenger to do a job. Messengers are not greater than their boss.

Now you know these important things. So obey them! Then God will be pleased with you. And he will do good to you.

- We would suggest that either the head of household do this for everyone or that they do it for one person and then that person does it for the next person, until everyone is washed.
- The person washing the feet comes to a person and places their foot (or feet) over or in the basin and uses the cloth or their hands to wash the person's feet (it is a simple water washing, you don't need to use soap but you can).
- While washing their feet, the person washing can offer words of encouragement to and about the person whose feet they are washing.
- When they are done washing (and rinsing) the feet, they can remove them from the basin and dry them with the towel. While they are drying the feet, they can offer a prayer of blessing over the person.
- Have someone **read the Scripture passage(s)** you have chosen for your celebration you can even read the passages before that passage that tell how the disciples prepared the place. If you want to use it, here is "The Best News Ever" version for children:
 - o Matthew 26:26-30

While they were all eating, Jesus took some bread. He told God "thank you" for the bread. Jesus broke the bread in pieces. And he gave it to his special helpers. Jesus said, "Take this bread. Eat it. It is like my body."

Then Jesus took a cup. He told God "thank you." And he gave it to his special helpers. Jesus said, "I want all of you to drink some of this. It is like my blood. I will give my life. My blood will be poured out for many. By doing that, I will make the way for people to be right with God. I will make God's agreement to forgive people's sins a for-sure agreement.

Pay attention to my words. I will not drink wine again until I drink it new with you when my Father rules over people as their King." They sang a song to praise God. And they went to the Mount of Olives.

o Mark 14:22-26

While Jesus was eating with his special helpers, he took some bread. He told God "thank you" for the bread. Jesus broke the bread in pieces. And he gave the bread to his special helpers. Jesus said, "Take this bread. Eat it. It is like my body."

Then Jesus took a cup. He told God "thank you" for it. Jesus gave it to his special helpers. And they all drank some. Jesus said, "This is like my blood. I will give my life. My blood will be poured out for many. By doing that, I will make the way for people to be right with God. I will make God's agreement to forgive people's sins a for-sure agreement.

Proposed Order of Celebration (continued):

Pay attention to my words. I will not drink wine again until I drink it new with you in the Kingdom of God, when God rules over people as their King." They sang a song. Then they went to the Mount of Olives.

o Luke 22:19-22

Then Jesus took some bread. He told God "thank you" for the bread. Jesus broke the bread in pieces. And he gave it to his special helpers. Jesus said, "Take this bread. Eat it. It is like my body. I will give my life for you. Keep on eating bread together like this. That will help you remember me."

In the same way, Jesus gave them the cup after supper. And he said, "This cup stands for the new agreement that God is making with people. I will give my life. My blood will be poured out for you. By doing that, I will make God's agreement to forgive people's sins a forsure agreement.

Listen! Someone is going to help the bad people grab me. And he is eating with me at this table right now! I said that because the God-Who-Became-Man will die. That is what God decided must happen. Someone will help the bad people grab the God-Who-Became-Man and give him to his enemies. It will be terrible for the man who does that!"

o 1 Corinthians 11:23-33

The Lord told me the things that I am teaching you. On the night when Judas helped the bad people grab the Lord Jesus, Jesus took some bread. He told God "thank you" for the bread. Jesus broke the bread in pieces. And he said, "This bread is like my body. I will give my life for you. Keep on eating bread together like this. That will help you remember me."

In the same way, after supper, Jesus took the cup. And he said, "This cup stands for the new agreement that God is making with people. I will give my life. I will shed my blood. By doing that, I will make the way for people to be right with God. I will make God's agreement to forgive people's sins a for-sure agreement. Every time that you drink this cup, do it to remember me."

Keep on eating the Lord's Supper like this. You will eat the bread and drink the cup. Every time you do that, you are telling that the Lord died for our sins. Keep on doing that until he comes again. Be careful about how you eat the Lord's Supper. If you dishonor the Lord by the way that you eat the Lord's Supper, then you are sinning against the Lord. You are showing that you do not care that he gave his life. You are showing that you do not care that he shed his blood.

So you need to check out your heart first. Check if you have sins hidden in your heart. Do that before you eat the bread and drink from the cup. Eating the Lord's Supper is a special way to remember that the Lord Jesus died for us. If you do not think about that when you eat the Lord's Supper, then God will punish you. That is why many of you are sick and weak. And some even died.

So we need to check our heart first. We need to get our heart right with God. Then God will not have to punish us. The Lord punishes us so we will stop doing bad things. Someday the Lord will judge all people. It is good for the Lord to punish us now so he will not have to punish us with the people who are far away from God.

You are my brothers and sisters in God's family. Keep on meeting together to eat the Lord's Supper. And when you do, wait for each other.

<u>Proposed Order of Celebration</u> (continued):

- Talk about the **bread** and the body of Jesus share thoughts or ask questions
 - O What does it mean that Jesus had a body?
 - O Why was it important that Jesus had a body?
 - What did Jesus experience in His body in general and specifically in His crucifixion?
 - O Why is it important to remember Jesus' body?
 - O What does it mean for me to partake of His body?
- Have someone **pray or give thanks** over the bread and then **distribute the bread** to each person. You can have each one wait until everyone is served to eat it. If so, then you can re-read the words of Jesus regarding the bread and then you can all eat it together.
- Talk about the **cup** and the blood of Jesus share thoughts or ask questions
 - O What does it mean that Jesus shed His blood?
 - O Why was it important that Jesus shed His blood?
 - O Why is it important to remember Jesus' blood?
 - What does it mean for me to partake of His blood?
- Have someone pray or give thanks over the cup and then distribute the cup to each person. You
 can have each one wait until everyone is served to eat it. If so, then you can re-read the words of
 Jesus regarding the cup and then you can all drink it together.
- Have different ones **share their testimony** when they accepted the life and blood of Jesus applied to their life in salvation and forgiveness of their sins, becoming His disciple.
- Sing a **song** together (if you have someone who is able to lead) or play a song for everyone to enjoy or read a song as poetry perhaps something like *Nothing But The Blood* or *There Is A Fountain* or *There Is Power In The Blood*.

HIS BLOOD, CROSS, SUFFERING

WORDS: Robert Lowry

MUSIC: Robert Lowry

Nothing but the Blood

The blood of Jesus His Son cleanses us from all sin. 1 John 1:7



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PLAINFIELD

7.8.7.8. with Chorus

There Is a Fountain Filled with Blood 256



WORDS: William Cowper (1731-1800) MUSIC: American melody; arr. Lowell Mason (1792-1872) CLEANSING FOUNTAIN 8.6.8.6.6.6.8.6.

225 There Is Power in the Blood

Jesus also suffered...to make the people holy through His own blood. Hebrews 13:12 (NIV)



WORDS: Lewis E. Jones MUSIC: Lewis E. Jones POWER IN THE BLOOD 10.9.10.8. with Chorus